## Highway and Railway Design 1 EXERCISES 1. (for Lecture 2. of Dr. A. Timár)

## A. Rolling resistance calculation

The force that resists the motion of a body rolling on a surface is called the rolling resistance or the rolling friction.

The rolling resistance can be expressed as

$$
\boldsymbol{F}_{r}=\boldsymbol{\mu} * \boldsymbol{W}
$$

where
$\boldsymbol{F}_{r}=$ rolling resistance or rolling friction (N)
$\boldsymbol{\mu}=$ rolling resistance coefficient - dimensionless (coefficient of rolling friction - CRF)
$\boldsymbol{W}=\boldsymbol{m}^{*} \boldsymbol{a}_{\boldsymbol{g}}=$ normal force - or weight - of the body (N)
$\boldsymbol{m}=$ mass of body (kg)
$\boldsymbol{a}_{\boldsymbol{g}}=$ acceleration of gravity ( $9.81 \mathrm{~m} / \mathrm{s}^{2}$ )
The rolling resistance can alternatively be expressed as

$$
F_{r}=\mu_{l} W / r
$$

where
$\mu_{1}=$ rolling resistance coefficient - dimension: length (coefficient of rolling friction) (mm)
$r=$ radius of vehicle's wheel ( mm )

## Examples:

1. The rolling resistance of a car with weight 1500 kg on concrete pavement with rolling friction coefficient 0.015 can be estimated as

$$
F_{r}=0.015^{*}(1500 \mathrm{~kg})^{*}\left(9.81 \mathrm{~m} / \mathrm{s}^{2}\right)=\underline{\mathbf{2 2 0}} \mathbf{7} \mathrm{N}
$$

2. The rolling resistance of a truck with weight 6000 kg on asphalt pavement with rolling friction coefficient 0.01 can be estimated as

$$
\mathrm{F}_{\mathrm{r}}=0.01^{*}(6000 \mathrm{~kg}) *\left(9.81 \mathrm{~m} / \mathrm{s}^{2}\right)=\underline{588.6} \mathrm{~N}
$$

3. The rolling resistance of a car with weight 1200 kg on asphalt pavement with rolling friction coefficient 0.02 can be estimated as

$$
F_{r}=0.02^{*}(1200 \mathrm{~kg})^{*}\left(9.81 \mathrm{~m} / \mathrm{s}^{2}\right)=\underline{235.4} \mathrm{~N}
$$

4. The rolling resistance of a truck with weight 12000 kg on compacted gravel road surface with rolling friction coefficient 0.05 can be estimated as

$$
F_{r}=0.05(12000 \mathrm{~kg})\left(9.81 \mathrm{~m} / \mathrm{s}^{2}\right)=\underline{5886} \mathrm{~N} ; \text { i. e. } \underline{5.9} \mathrm{kN}
$$

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## B. Uphill resistance calculation

When the vehicle travels uphill, a component of its weight works in a direction opposite to its motion. If some energy is not supplied to overcome this backward force, then the vehicle would slow down, stall and roll backwards. If the vehicle is trading uphill at a slope of $\boldsymbol{\alpha}$, then the weight of the vehicle, $\mathbf{W}$ has two components: one perpendicular to the road surface (with a value $\mathbf{W}^{*} \cos \boldsymbol{\alpha}$ ) and the other along the road surface ( $w$ ith a value $W^{*} \sin \alpha$ ). The component along the road surface is the one that tries to restrict the motion.

The uphill, or gradient resistance is given by: $\boldsymbol{F}_{\boldsymbol{G}}=\boldsymbol{W} \boldsymbol{*} \sin \alpha$ or $\boldsymbol{W} * \boldsymbol{e}$
where the gradient $\mathbf{e}=\boldsymbol{\operatorname { s i n }} \boldsymbol{\alpha}^{\sim} \operatorname{tg} \boldsymbol{\alpha}$

## Examples:

1. The uphill resistance of a car with weight $\mathrm{W}=1500 \mathrm{~N}$ on a slope with gradient $\mathrm{e}=4 \%$ can be estimated as

$$
\mathrm{F}_{\mathrm{r}}=0.04(1500)=\underline{\mathbf{6 . 0}} \mathbf{N}
$$

## 2. Question:

A car of weight $\mathrm{W}=3000 \mathrm{~N}$ possesses an engine whose maximum power output is $\mathrm{P}=160$ kW . The maximum speed of this car on a level road is $\mathrm{v}=35 \mathrm{~m} / \mathrm{s}$. Assuming that the resistive force (due to a combination of friction and air resistance) remains constant, what is the car's maximum speed on an incline of $e=5 \%$ (i. e., if $\alpha$ is the angle of the incline with respect to $\operatorname{tg} \alpha^{\sim} \sin \alpha=0.05$ )

## Answer:

When the car is traveling on a level road at its maximum speed, $v$, then all of the power output, $P$, of its engine is used to overcome the power dissipated by the resistive $F$ force. Hence: $P=f^{*} v$, where the left-hand side is the power output of the engine, and the righthand side is the power dissipated by the resistive force (i.e., minus the rate at which this force does work on the car). It follows that

$$
\mathrm{f}=\mathrm{P} / \mathrm{v}=\left(160^{*} 10^{3}\right) / 35=\underline{4.57 * 10^{3}} \mathrm{~N}=\underline{4.57} \mathrm{kN}
$$

When the car, whose weight is $W$, is traveling up an incline, whose angle with respect to the horizontal is $\alpha$, it is subject to the additional force $f^{\prime}=W^{*} \sin \alpha$, which acts to impede its motion. Of course, this force is just the component of the car's weight acting down the incline. Thus, the new power balance equation is written as

$$
P=f^{*} v^{\prime}+W^{*} \sin \alpha^{*} v^{\prime}
$$

where $v^{\prime}$ is the maximum speed of the car up the incline. Here, the left-hand side represents the power output of the car, whereas the right-hand side represents the sum of the power dissipated by the resistive force and the power expended to overcome the component of the car's weight acting down the incline. It follows that

$$
v^{\prime}=P /\left(f+W^{*} \sin \alpha\right)=\left(160 * 10^{3}\right) /\left(4.57 * 10^{3}\right)+(3000 / 20)=\underline{\mathbf{3 3 . 9 0}} \mathrm{m} / \mathrm{s}
$$

## C. Drag resistance calculation

Drag resistance equation is given by:

$$
F_{D}=0.5 * C_{D} * \rho * v^{2} * A
$$

where
$\boldsymbol{C}_{\boldsymbol{D}}$ is the drag coefficient (dimensionless)
$\boldsymbol{\rho}$ is the density of the air $\left(\mathrm{kg} / \mathrm{m}^{3}\right)$
$v$ is the speed of the vehicle ( $\mathrm{m} / \mathrm{s}$ )
$\boldsymbol{A}$ is the cross-sectional area of the vehicle ( $\mathrm{m}^{2}$ )

## Examples

## Question:

A car traveling with the speed of $v=90 \mathrm{~km} / \mathrm{h}(25 \mathrm{~m} / \mathrm{s})$ is having a drag coefficient as $C_{D}=0.26$. If the area of cross section is $A=5 \mathrm{~m}^{2}$, calculate the drag force.

## Solution:

Speed $v=90 \mathrm{~km} / \mathrm{h}$, drag coefficient $C_{D}=0.26$, Area $A=5 \mathrm{~m}^{2}$, density of air $\rho=1.2 \mathrm{~kg} / \mathrm{m}^{3}$
The drag force is given by $F_{D}=0.5^{*} C_{D}{ }^{*} \rho^{*} v^{2} * A$; thus

$$
\mathrm{F}_{\mathrm{D}}=0.5 * 0.26 * 1.2 * 625 * 5=\underline{487.5} \mathrm{~N}
$$

## Question

What is the drag coefficient of a car running at a speed of $v=32 \mathrm{~m} / \mathrm{s}(115.2 \mathrm{~km} / \mathrm{h})$ against a drag force of $F_{D}=230 \mathrm{~N}$ with a total front area of $A=1.41 \mathrm{~m}^{2}$, while the density of air is $\rho=1.2$ $\mathrm{kg} / \mathrm{m}^{3}$

## Solution

$$
C_{D}=2 * F_{D} / \rho * v^{2} * A=2 * 230 / 1.2 * 1024 * 1.41=\underline{\mathbf{0 . 2 6}}
$$

(in comparison, a Toyota Prius car has a drag coefficient of 0.29).

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## D. Speed distribution

The data related to the speed of vehicles on a road section in a morning rush hour is given in the following table:

| Speed (km/h) | Percentage of vehicles <br> running below that speed |
| :---: | :---: |
| 120 | 100 |
| 100 | 90 |
| 80 | 70 |
| 60 | 35 |
| 40 | 15 |
| 20 | 0 |

## Questions:

1. Draw the speed distribution function of the observed traffic flow
2. Estimate the mean or average speed value
3. Estimate the operative speed value


Mean/average speed: $0.1 \times 110+0.2 \times 90+0.35 \times 70+0.2 \times 50+0.15 \times 30=11+18+24.5+10+4.5=\underline{68} \mathrm{~km} / \mathrm{h}$

## E. Stopping Sight Distance

## Question

While descending a $-7 \%$ grade at a speed of $90 \mathrm{~km} / \mathrm{h}$, Peter notices a large object in the roadway ahead of him. Without thinking about any alternatives, Peter stabs his brakes and begins to slow down. Assuming that Peter is so paralyzed with fear that he won't engage in an avoidance maneuver, calculate the minimum distance at which he must have seen the object in order to avoid colliding with it. You can assume that the roadway surface is concrete and that the surface is wet. You can also assume that Peter has a brake reaction time of 0.9 seconds because he is always alert on this stretch of the road.

## Solution

First, we need to calculate the distance that Peter traveled during his brake reaction time. This is done using the equation $D_{1}=v^{*}$ T from physics. Since Peter's brake reaction time was 0.9 seconds and his speed was $25 \mathrm{~m} / \mathrm{s}(90 \mathrm{~km} / \mathrm{h})$, the distance he traveled during his brake reaction time was

$$
\mathbf{D}_{1}=25^{*} 0.9=\underline{\mathbf{2 2 . 5}} \mathrm{m}
$$

Second, we need to calculate the distance Peter will travel while braking. This is done using the equation shown below:

$$
D_{2}=v^{2} / 2 g(f+G)
$$

where:
$v=$ Peter's speed, $25 \mathrm{~m} / \mathrm{sec}(90 \mathrm{~km} / \mathrm{h})$
$\boldsymbol{g}=$ acceleration due to gravity, $9.81 \mathrm{~m} / \mathrm{sec}^{2}$
$f=$ coefficient of friction, 0.29
$\boldsymbol{G}=$ the grade of the road, $-0.07(-7 \%)$

$$
\mathbf{D}_{\mathbf{2}}=625 /\left(2^{*} 9.81(0.29-0.07)=625 / 4.3164=\underline{\mathbf{1 4 4 . 8}} m\right.
$$

Summing the distance traveled while braking and the distance traveled during the brake reaction time yields a total stopping sight distance of 167.3 m . Peter needed to be about that far away from the object at the instant he first saw it in order to avoid a collision.

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## F. Passing/Overtaking Sight Distance

## Question

A vehicle moving at a speed of $80 \mathrm{~km} / \mathrm{h}$ is slowing traffic on a two-lane road. What passing sight distance is necessary, in order for a passing maneuver to be carried out safely?

Calculate the passing sight distance by hand, and then compare it to the value estimated by the rule of thumb (distance travelled by the passing vehicle in 22 seconds). In your calculations, assume that the following variables have the values given:

- Passing vehicle driver's perception/reaction time $=2.5 \mathrm{sec}$
- Passing vehicle's acceleration rate $=2.35 \mathrm{~km} / \mathrm{h} / \mathrm{sec}$
- Initial speed of passing vehicle $=80 \mathrm{~km} / \mathrm{h}$
- Passing speed of passing vehicle $=96 \mathrm{~km} / \mathrm{h}$
- Speed of slow vehicle $=80 \mathrm{~km} / \mathrm{h}$
- Speed of opposing vehicle $=96 \mathrm{~km} / \mathrm{h}$
- Length of passing vehicle $=7 \mathrm{~m}$
- Length of slow vehicle $=7 \mathrm{~m}$
- Clearance distance between passing and slow vehicles at lane change $=6 \mathrm{~m}$
- Clearance distance between passing and slow vehicles at lane re-entry $=6 \mathrm{~m}$
- Clearance distance between passing and opposing vehicles at lane re-entry $=76 \mathrm{~m}$

You should also assume that the passing vehicle accelerates to passing speed before moving into the left lane.

## Solution

The first step in calculating the passing sight distance is the calculation of the distance $\boldsymbol{D}_{1}$. This distance includes the distance traveled during the perception/reaction time and the distance traveled while accelerating to the passing speed. The distance traveled during the perception reaction time is computed using $D=v^{*} T$ from physics, where $v=22.2 \mathrm{~m} / \mathrm{s}(80 \mathrm{~km} / \mathrm{h})$ and $\mathrm{T}=2.5$ seconds. Solving for $D_{1}^{\prime}$ yields a value of $\underline{55.5} \mathrm{~m}$.

The distance $\mathbf{D}_{\mathbf{1}}{ }^{\prime \prime}$ traveled during the acceleration portion of $\mathbf{D}_{1}$ is computed using the equation

$$
v_{f}^{2}=v_{i}^{2}+2 A D_{I} "
$$

where $v_{f}=26.7 \mathrm{~m} / \mathrm{s}(96 \mathrm{~km} / \mathrm{h}), v_{i}=22.2 \mathrm{~m} / \mathrm{s}(80 \mathrm{~km} / \mathrm{h})$, and $A=0.653 \mathrm{~m} / \mathrm{sec}^{2}(2.35 \mathrm{~km} / \mathrm{h} / \mathrm{sec})$. Solving for $D_{1}{ }^{\prime \prime}$ yields

$$
\boldsymbol{D}_{\mathbf{I}} "=\left(v_{f}^{2}-v_{i}^{2}\right) / 2 A=(712.9-492.8) / 2 * 0.653=220 / 1.306=\underline{\mathbf{1 6 8 . 5}} m
$$

The total $\mathrm{D}_{1}$ distance is: $D_{l}=D_{l}{ }^{\prime}+D_{l}{ }^{\prime \prime}=55.5+168.5=\underline{\mathbf{2 2 4}} m$
The second portion of the passing sight distance is the distance $D_{2}$, which is defined as the distance that the passing vehicle travels while in the left lane. This distance can be calculated in the following way.

While in the left lane, the passing vehicle must traverse the clearance distance between itself and the slow vehicle, the length of the slow vehicle, the length of itself and the length of the clearance distance between itself and the slow vehicle at lane re-entry. The time it takes the passing vehicle to traverse these distances relative to the slow vehicle can be computed from the equation $D=v^{*} T$, where $\mathrm{D}=26 \mathrm{~m}(6 \mathrm{~m}+7 \mathrm{~m}+7 \mathrm{~m}+6 \mathrm{~m})$ and $v=4.45 \mathrm{~m} / \mathrm{s}(16 \mathrm{~km} / \mathrm{h}=$ relative speed of passing vehicle with reference point on the slow vehicle).

Solving for the time $T_{2}$ yields a value of 5.84 seconds. The real distance traveled by the passing vehicle during the time $T_{2}$ is calculated using $D=v^{*} T$, where $v=26.7 \mathrm{~m} / \mathrm{s}$. ( $96 \mathrm{~km} / \mathrm{h}$ ) and $T_{2}=5.84$ seconds. Solving for $D$ yields the distance $D_{2}=\underline{155.7} \mathrm{~m}$.

The distance $D_{3}$ is the clearance distance between the passing vehicle and the opposing vehicle at the moment the passing vehicle returns to the right lane. This distance was given as $\underline{\mathbf{7 6}} \mathrm{m}$. The distance $\mathrm{D}_{4}$ is the final component of the passing sight distance and is defined as the distance the opposing vehicle travels during $66 \%$ of the time that the passing vehicle is in the left lane. This distance is computed using $\mathrm{D}=v^{*} \mathrm{~T}$, where $v=26.7 \mathrm{~m} / \mathrm{s}(96 \mathrm{~km} / \mathrm{h})$ and $\mathrm{T}=3.85$ seconds (5.84*0.67). Solving for D yields a value of $\underline{103} \mathrm{~m}$ for $D_{4}$.

The total passing sight distance is, therefore, $D_{1}+D_{2}+D_{3}+D_{4}=\mathbf{5 5 8 . 7} \mathrm{m}$. The passing sight distance estimated on the base of minimum passing time ( 22 s ) yield by the equation $D=v^{*} \mathrm{~T}$ is

$$
D=26.7 * 22=\underline{\mathbf{5 8 7 . 4}} \mathrm{m}
$$

apparently very close to the value calculated above.

## Highway and Railway Design 1

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## G. Horizontal Curve Radius

## Question

A young civil engineer is charged with the design of a horizontal curve for a two-lane main feeder road. His final design calls for a curve with a radius of 500 m . Would you sign your name to his plans?

Assume that the design speed $\mathbf{v}_{\mathbf{D}}$ for the main road is $110 \mathrm{~km} / \mathrm{h}$, as well as snow and ice will be present on the roadway from time to time (continental climate prevails). For a design speed of 110 $\mathrm{km} / \mathrm{h}$, the comfortable side-friction factor is 0.10 . In addition, since the roadway will be covered with snow and ice from time to time, the maximum superelevation rate is $8 \%$.

## Solution

The first step in a review of the plans would be to make sure that the curve radius $R$, as designed is greater than the minimum curve radius required by road design standards ( $R_{\text {min }}$ ). The minimum horizontal curve radius is calculated using the equation below:

$$
R_{\min }=v_{D}^{2} / 127\left(q_{\max } / 100+f_{\max }\right)
$$

where:
$\boldsymbol{R}_{\text {min }}=$ minimum radius of horizontal curve (m)
$\boldsymbol{v}_{D}=$ design speed, $110 \mathrm{~km} / \mathrm{h}$
$\boldsymbol{q}_{\text {max }}=$ maximum superelevation rate, $8 \%$
$\boldsymbol{f}_{\max }=$ maximum side-friction factor, 0.10

Substituting and solving yields a minimum radius of

$$
\mathbf{R}_{\min }=12100 / 127 *(0.08+0.10)=\underline{\mathbf{5 3 0}} m
$$

The 500 m radius that is called for in the plans would probably work, but it might be uncomfortable for the vehicle occupants. A larger radius would be more appropriate.

## Question

When an existing road is rehabilitated and upgraded, the vertical and horizontal elements should be thoroughly checked for compliance with appropriate design standards. Please check, whether speed limit signs should be placed or not at the starting and ending cross sections of a horizontal curve which radius is $\mathrm{R}=550 \mathrm{~m}$ and superelevation $\mathrm{q}=4 \%$, lying in a deep cut where the side-friction coefficient of the pavement is $f_{2 \max }=0.10$; assuming that design speed $\mathbf{v}_{\mathrm{D}}=110 \mathrm{~km} / \mathrm{h}$ approved for the upgraded design is higher, than the originally applied $\mathbf{v}_{\mathbf{D}}=100 \mathrm{~km} / \mathrm{h}$.

## Solution

The value of allowed maximum speed in a horizontal curve is estimated by the equation below:

$$
v_{\max }=\sqrt{127^{*} R^{*}\left(f_{2}+q\right)} \quad(\mathrm{km} / \mathrm{h})
$$

where
$\boldsymbol{R}$ is the radius of the horizontal curve (m)
$f_{2}$ is the coefficient of side-friction
$\boldsymbol{q}$ is the superelevation ( $\mathrm{m} / 100 \mathrm{~m}$ )

Substituting and solving yields a maximum speed of

$$
v_{\max }=\sqrt{127^{*} 550^{*}(0.1+0.04)}=\underline{\mathbf{9 8 . 9}} \mathrm{km} / \mathrm{h}
$$

for the current alignment.

Applying the increased design speed either the radius of the curve should be increased (assuming the superelevation remains unchanged):

$$
\boldsymbol{R}_{\text {min }}=\boldsymbol{v}_{\boldsymbol{D}}^{2} / 127 *\left(f_{2}+q\right)=12100 / 127 *(0.1+0.4)=\underline{\mathbf{6 8 0}} \mathrm{m} ; \text { or }
$$

the superelevation should be substantially increased (assuming, the radius of the curve remains unchanged):

$$
\boldsymbol{q}=\left(\boldsymbol{v}_{\boldsymbol{D}}^{2} / 127 * R\right)-f_{2}=(12100 / 127 * 550)-0.1=0.17-0.1=\underline{\mathbf{0 . 0 7 \%}}(\mathrm{m} / 100 \mathrm{~m}) ; \text { or }
$$

traffic signs prescribing a $\mathbf{1 0 0} \mathbf{~ k m} / \mathrm{h}$ speed limit for vehicles running on the curve, should be placed appropriately.

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## H. Transition Segments

After designing a horizontal curve with a radius of 580 m for a road with a design speed of $110 \mathrm{~km} / \mathrm{h}$, your final task is to design the transition segments. Your local design code requires that any superelevation within the curve be run-off over a distance equal to or greater than the distance a vehicle would travel in two seconds at your design speed. In addition, the spiral curves must have the minimum length given by the equation below:

$$
L=\left(v^{3}\right) /\left(R^{*} C\right)
$$

where:
$L=$ minimum length of the spiral transition curve (m)
$\boldsymbol{v}_{\mathrm{D}}=$ design speed (km/h)
$\boldsymbol{R}=$ circular curve radius (m)
$\boldsymbol{C}=$ centripetal acceleration development rate (usually between 0.3 and $0.9 \mathrm{~m} / \mathrm{sec}^{3}$ )

If you use a centripetal acceleration development rate of $0.7 \mathrm{~m} / \mathrm{sec}^{3}$, what is the minimum length of your transition segments?

## Solution

We'll calculate the required length of your transition segments based on the superelevation restrictions first. At $110 \mathrm{~km} / \mathrm{h}(30.6 \mathrm{~m} / \mathrm{s})$ you would travel a distance of 61.2 m in two seconds. Your transition segments should, therefore, slowly change the cross-section of the road over the course of $\mathbf{6 1 . 2} \mathrm{m}$. The minimum length of the spiral curve is investigated by substituting the correct values into the equation below:

$$
L_{\text {min }}=\left(v^{3}\right) /\left(R^{*} C\right)
$$

where:
$L=$ minimum length of the spiral curve (m)
$\boldsymbol{v}=$ Design speed, $30.6 \mathrm{~m} / \mathrm{s}$
$\boldsymbol{R}=$ Circular curve radius, 580 m
$\boldsymbol{C}=$ Centripetal acceleration development rate, $0.7 \mathrm{~m} / \mathrm{sec}^{3}$
Solving for the curve length:

$$
\mathrm{L}=(28653) / 406=90256 / 406=\underline{\mathbf{7 0 . 6}} m
$$

yields a minimum spiral curve length of 70.6 m .
Since you are required to have a 70.6 meter-long spiral curve, you should gradually change the road cross-section from its normal state to the superelevated state over $70.6 \mathrm{~m}>61.2 \mathrm{~m}$.

